

[The Astronauts](#)[Channel by Date](#)[Background](#)

Background: Seth's Involvement with the Challenger Astronauts

Some of you have heard of Seth, most likely through the books on the channeling of Seth by Jane Roberts. For example, there is a lot to be learned about the soul in *Seth Speaks — The Eternal Validity of the Soul*, a book Seth dictated through Jane. The energy that is Seth has been through many incarnations and is willing and able to impart knowledge to us in many areas.

One day prior to one of the channeling sessions with the astronauts when they were to give evidential information on themselves, Seth came in through Jeanne to give more background to his role in the channeling and to impart information on the process. Seth was very much involved with the channeling of the astronauts through both Jeanne and Regina. As Seth states, "What was Seth's role in all this? Well I have been a caretaker — an overseer, if you will — of this particular project that we all have decided to become involved with."

Seth gives information on the process of channeling — the "mechanics" of how Seth comes into Jeanne and Regina vs. how the astronauts come in. There is some background on why the deaths occurred in water, and a better understanding of the soul as exemplified by the progression/learning of the astronauts over the two years after their death. There is also information on soul groupings — as exemplified by the greater ease of channeling of Christa by Jeanne and Regina.

You will enjoy Seth's discourse as preliminary information to a better understanding of the channeling.

Here are links to Wikipedia that give some history on Seth and Jane Roberts:

[Seth Material](#)

[Jane Roberts.](#)

Seth's words continue below.

Seth:

In your work as you are perceived, in terms of not only the Challenger material but in terms of your own individual growth, you will need this clarity in energy as it flows, and because you are familiar with one another and because you trust one another you will have formed a bond – a link if you will – in channeling clearly identifiable energy because there are many energies running through this area. You must decipher which energy you wish to become a part of and this is where this distinguishing ability is all important. Eloise, I like you very much. Thank you for being here. You give me energy very strongly.

Now, I hear many questions. Be damned if your own guides aren't talking to me while I'm doing this right now. "Oh, he's really here. He's just like he looks." (audience laughs) Thank you. I think I'm getting into her a little bit better. Fortunately she didn't OD on the eggplant. (laughs) I hate Italian food, I'm sorry Regina. No, I'm just teasing.

As I was saying, you're in rare form. It must be because you are going to walk across the stage – I'll have to see what I can do to trip you.

I would like for you tonight to be serious-minded for a moment into the energies that are beginning to filter into this room. There is a feeling of purpose of destiny that is going to increase in intensity, and if you find yourselves from time to time beginning to look differently at yourself in the mirror, it is not necessarily the pound or two that you've eaten for dinner –because each one of you is demonstrating the quality that you wish to change and to broaden yourselves and to incorporate from the intellect from here to here to here.

Now I'm going to give you a mini lesson – if that is possible for Seth – on the chakra system because you as beings in a very intellectually-based world have been conditioned to think that this is the third eye center where all your intuition groups. However, originally the center had been programmed to be in the center of your physical body – which is the solar plexus – and that really is your intuitive nature, and therefore you can see the imbalances that we incur with the gut reaction and the ingesting of anger and hatred and fear, etc., etc., etc.

So consequently here is something we have to realign in our thinking, and that is that, "Yes this is a center for missionary purposes but it is not the totalness of spiritual communication." The totalness is the total being, the total body, the total soul encompassment that you are coming to recognize within yourselves. But most importantly for you as a group as you are working in these areas is the need within

yourself to commit more with the center of your physical body and not to lie totally on this wonderful area between the femurs.

Now you must say, "Well, Seth, isn't that cute. I understand what you're saying but I am totally integrated. I know exactly where I am going and what I am going to do."

Hahahaha. Well, on one level, yes. But your contact and understanding and your desire to be involved with these seven little Foys, as I call them, is calling in a new part of yourself because you are not just dedicating yourself to the Challenger crew, nor to the proof of life after death, you are dedicating yourselves to life once again. And you are rededicating yourselves to the input that you would give to others.

Now, we have teachers in this room and by sitting in this vibration tonight and allowing it to become a part of themselves, as skeptical as they may be, they are going to carry this energy then into the line of fire and daily activities and they will begin to notice the changes among people. Some will react quite quickly, some will take a long time, some will never be seen, but the seeds have been planted and I know you know this; I want to say it to you once again.

Now in terms of your involvement with this project, it was asked of me earlier – asked of Jeanne earlier – essentially of me because I wasn't formally introducing myself but I was there, "What was Seth's role in all this?" Well I have been a caretaker – an overseer, if you will – of this particular project that we all have decided to become involved with.

I am not going to talk about the world tonight; I have all I can do to talk about the here and now – Atlantis. But Atlantis was a consciousness that did not start here; it has its root in other planetary systems, and a part of the spectrum of Atlantis has incarnated itself here and is very involved with water and the air. You see why the Challenger chose to go into the water – very symbolic.

Now, I've talked about the whales recently and the consciousness that they present and I do not have time to go into that tonight, but I would like to say a little more about that if I may. We all know the consciousness of the dolphins. In fact, some crazy person saying he's a dolphin running around channeling – I think you may know him Roy – he'd probably be better off as a dolphin next time around but I don't think they'll have him, pardon me that I say that. But the whale is another thing that we don't talk about quite as much.

The whale is in more ways significant than even the dolphin because the whale is the original caretaker of the ocean, and you see, they haven't found this yet, but some day they will because they cannot get down into the farthest depths of the ocean – many

remains of the whale community that have not yet been found that will date so far back in time as to simply boggle the scientific communication and the scientific community that I so love to have frustrated with me.

But the point is that these caretakers of energy have been commercialized into your Star Trek IV episode. Your Star Trek IV episode is a very crude understanding of the whale in terms of balancing the energies in the ocean. Now the reason I bring this up is that what I am going to be getting into later on once people listen to certain things is that we must stop the slaughter of these animals because we have nothing to replace them with.

And if we take out their balancing system, what are we going to put in their place? And how are we going to keep the vibrational energy continuously and harmoniously flowing? I'm not a doom-and-gloom guy, but there's certain needs that need to be met. I'm not asking you to become paranoid, or to sell your house and your car and join Greenpeace. (Roy jokes about selling T-shirts with whales on them.) I just wanted you to go back saying you had a whale of a good time Roy. Now, that's another tail to tell.

The symbolic nature of the Challenger crew being lost at such a time in their flight is that what would come of it later – and this is a tidbit for you – is the harmony that must be reestablished in the water. And you see, their loss of life into the water rather than out into the outer stratosphere where they could not be found was very important. It could have blown up later if it had been so chosen, but the demonstration was going back into the Earth, going back into the harmony, realizing the sustenance that water is for us just as the pool is there.

Why do you think people dig water holes in their back yards in this kind of community? It's not simply for the pleasure of swimming. It's for the balance of that element of water within us; as it moves in through us it gives us life. This is a planet, a planet that is based on the water in which we are surrounding the physical body of the planet.

This may seem a little silly to some of you to talk about the water and the whales, but I would like you to think about it this week. Now think of yourselves in terms of your connections with water, with its basic elements to you – you're thirsty, you must drink something, you wash in it, you clean in it, you want to be close to it, you complain that there is too much of it or there's too little of it. It's a life force. On Monday evening you will be given some new evidential information concerning certain elements of the Challenger crew. They have been working a long time to bring forth information that would be very significant and would have very little to do with the government, but would be more reachable in other ways.

In order for this to be a very positive evening, I would ask that you folks refrain from heavy eating or drinking, those of you who will be in that session, because as channels – and that is what you are – your energies account for a great deal of the accuracy of the information because Jeanne is the instrument as the tape recorder is an instrument. But the instrument must be powered either through an electrical stimulus to the wall or through these little things you call batteries.

Jeanne has her own power, but she does not rely on simply that or she would have burned out a long time ago. She is an instrument through which energy flows – as are all of you – and I want you to become aware of the fact that you are constructive influences in any channeling session. Thus spoken.

Now I know you have questions so I'll cut my mini-sermon short tonight and I will ask you to feel free to ask me questions that you have and I will do my best to answer them. (pause) Don't be shy.

Male voice:

What is the process that you use to help the astronauts come into Jeanne?

Seth:

I'm so glad you asked me that question. It has long been thought by this medium that I entered through the crown, which I did to some extent, and that a request of me was made to move in through her whole body. But essentially, and I will describe myself first, what I do with the vehicle is that I move through the back of her (you saw her moving herself like this and sometimes I make some rather rude comments about her needing a body massage, etc., etc.) but I move into her physical vehicle through this; however, I do not fill just the physical body with my presence.

My energy is felt at various degrees to those who sit next to her, to those that sit next to the people who sit next to her, and on it goes. Some evenings I am able to bring in enough of what they call Seth that everyone in the room is a part of me and I am a part of them. At other times – as tonight, because this is a different situation for all of us – I am filling only perhaps half a room of beings with the energy for various reasons.

Now, when an entity such as Michael Smith comes through Jeanne, that is wonderfully challenging because Michael is in the process of retaining his identity as a physical being and sometimes, quite sometimes, it almost seems to be a caricature of himself which it truly is because it is magnified by her energies.

You see, if Michael was to channel through an entity that was similar to his energies it

would not be quite so loud, if you understand what I am saying, but because Jeanne is a more developed being (sorry Michael) in terms of understanding her spiritual battery and energies and her transmission abilities, it is magnified and comes on more precisely and with more volume, is the way I can put it to you.

Now again, Michael comes to her in the same way that I present myself to her and moves in through the back of the vehicle, except that Michael's energy does not spread or permeate that much into the other people sitting in the room; in fact, at times Michael fits more into her than around her.

Now, Christa, on the other hand, is another life experience in the soul that Jeanne is in and so is Regina, and this has been said before; so consequently, when they are channeling when Christa is coming in through Jeanne as the vehicle, their energies melt to the point that for a while Christa could not distinguish between herself and Jeanne because the soulmember was that strong, but she has adapted quite well to being able to keep her structure to a clarity point when she is coming in to the medium.

When she comes in, she quite willingly spreads her energies through and beyond Jeanne to a certain point, and those that have sat with her and held her hand (she loves to hold hands) can feel the presence of her self as well. With the other entities it is basically the same; those people who have recently made transitions – whether it has been a comfortable transition or a dramatic transition – fill the medium basically the same way.

The first evening of channeling when Christa came through, we used a different process simply because of the trauma that had been experienced and because Jeanne was not really prepared for what was to take place, and that was when we used the power structure of going through the crown and bringing the energies through in this manner.

The reason being is that when an entity is coming through a medium and the medium is not consciously prepared, she has not opened the totalness of herself to the entity such as Christa and it is not within us to force that association. That is a willingness, a willing association that is made.

As time went on and Jeanne began to realize her karma with these entities then she was more willing to let her body be a complete vehicle, and that is why the transmissions have gotten stronger and more accurate; however, the karma between all of them was such that even in the process of coming through the crown, the information was highly accurate.

Now, I will say to you that there are points of communication that have already been made that are not 100 percent; however, you will be amazed at how accurate most all of it is. I will say to you also that their memory entails the memory of experience and as you hear the old tale "When you go over you see your life before you," this is the kind of experience they are now sharing with you.

Their life is going before them and they are choosing those moments that stand out in vibration as being pertinent to the character of either Michael or to Christa or to Judy, etc. So their process for picking an experience is that process which you call "your life flashing before you"; however it is not flashing in terms of ten seconds. This is a long ongoing process that has been linked unto this point so that they may be able to withdraw, as they will, certain elements of memory which are pertinent to proving the survival of their personal energies. Any more questions?

Male voice:

I would like to ask about the foundation's... well, we've been thinking about a proposal for a topic next week...

Seth:

Oh, I will marry you, yes... Oh, on a topic for next week, a proposal.

Male voice:

What do you think of the idea of memory as a theme for our...?

Seth:

What was that you said? (audience laughter) I'm teasing. Go ahead. I'm sorry Dr. Chadwick?

Male voice:

It's been a subject of great fascination for me for some time as to where do we store experience, and I realize the brain cannot be the storage battery for experience.

Seth:

It's simply the instrument.

Male voice:

It's an instrument, it's a communicating device. The name "storage" is obviously extradimensional in some fashion, but to base a program of meetings on such a

nebulous topic, even though I'm fascinated with it, I'm just wondering how far we can take that.

Seth:

You don't see the commercial value of it? Well, let's see. We could conjure up some Golden Arch kind of thing about memory and have a fast tune: lettuce, tomato, and memory. That might do it. (audience laughter) "Have it your way. Remember it your own way." Perhaps you could combine it with the whole process of... are you munching again?

Male voice:

Still...

Seth:

I don't like to give people too many ideas. I seem to give them all the wrong ones, in terms of things I say, but perhaps combining the element of memory with... I don't know why she married him, I really don't. I'm just jesting. I'm challenging him to channel so that he can retort all of the things that I say to him from time to time.

Perhaps the element of memory – I think this is the third time I've approached this so I might get it right this time – could be linked with the whole philosophy of soul and what it really is. There have been so many marvelous descriptions of the soul; I would like to see about 99% of them thrown out and perhaps – and this is just a perhaps – you might be interested in putting yourself into the vibration of memory in terms of your souls – just what they are, where does the soul stop and the oversoul take over, what is the role of the soul, where is the spirit energy in the soul?

Perhaps too broad a topic. Perhaps more confusing than the nebulous thought of memory. But one (...) truly goes hand in hand because as you understand the structure of memory and how the energy filters through the instrument then you begin to understand the soul. Something to think about.

Male voice asking question:

...

Seth:

No different than any civilization in some form or another. What you see as an entity denies the energy, denies itself. And as I said over and over again we only are denying God when we deny a part of ourselves, and so these entities simply are working to

disprove God and that cannot happen and actually the less power you give to the thought structure, the less power you'll have.

You must understand that you people are gifted in that you are perceiving yourselves on more levels than many people do. Consequently your thoughts are stronger because there is more power with the thought because you have more understanding of how you produce the thought, and if you have the ability to produce the thought and know how to increase the volume again, then if you have thoughts in a negative space the volume will be louder than if you were just turning on the radio at random and flipping the dial from station to station. Do you understand?

So consequently when you have these thoughts, you must be aware of how much volume... of the volume of your thoughts because as you are learning about yourselves, you have that power to turn the volume up; consequently you want the volume to be up on those harmonious and balanced thought structures. When negative things come to you in questions you're asked about (...) and other entities, at times I choose a "no comment." It is not because I don't have a comment – because I always have a million thoughts about each thing – but simply because I don't want to turn the volume up in the situation, and that's a personal choice within myself.

But let me say this to you – one of the things you are learning to do in this group is to overcome the consciousness of duality, and as long as you entertain the negative energies and entertain the fact that people can pull a group down or can become a stumbling block toward organization, that energy will feed that part of the picture.

Now, I am not saying that you are not recognizing there are people who are nasty out there, but I am saying that within that framework you can choose to not let that entity have the power. However your actions demonstrate, that is up to you, but you are making the choice that you will not give power to that circumstance or that being or that thought structure, and again it is up to you to manifest that accordingly in your own particular chosen way.

Male voice:

There is a puzzlement in my mind about this business of personal choice. It seems that in the case of the astronauts, they have made a choice at the level they are at the present time to persist in this state for indefinite length of time to pursue this project. In order to make that choice it would seem that they would have to retain an ego structure much the same as they had on the Earth plane in order to communicate the feelings, the memories, the vibration back to us. At what point is the choice made and by whom and by what aspect of them to move on?

Seth:

You are making the assumption that they are not moving on... and they are. You see that is where we do not understand the soul and this is what I will bring to you here for you to consider. Within the makeup of the entity called Christa, again are many multi-dimensional realities. She has gotten to the point that she is able to keep the structure of Christa – the astronaut, teacher, homemaker, mother, wife – stable but she also then is able to know Christa as other parts of herself, other life forms, life forms that are bizarre to our way of thinking, all the elements of herself.

But for the time being she could not leave the structure of the personal Christa on this Earth plane alone very long because it was not stable enough in its new home. Now she has worked to the point where that element of her is stable, and she's able to leave it and come and go as she needs to – depending on her work – but as you watch the growth of her transmissions, you realize the stability that you sense in her peace comes not just from her reconciling herself with her physical body and its depth, but her ability then to bring all other elements, all her soul in to this stable form of Christa here so that she may bring more stability, more strength, more wisdom, and also then add more perceptive abilities to perceive more of her life as it was here to recall it and transmit it through whatever medium she works with. So you see, there is a progression. You see a very small part of this progression.

You are seeing a small part of her progression. What at times you are not aware of is how she is taking this learning experience, here, into other dimensions and teaching others about what she has learned here. Kind of like your Mork and Mindy thing, except that she doesn't choose to travel in an egg and I don't believe she's (...) full and complete life. So you see there is a progression.

You are seeing the progression of that element that has been recently associated with the physical world, but what you're not seeing is the rest. But I promise you that each one of the astronauts is growing and moving and progressing. They will move that element of structure away from (...) of the world when the work has completed itself, but they have at least another thirty years in your time of Earth measurement to be involved with this particular experience.

However, several will have already started other life forms in this dimension again and will be structurally working with/through that to (...) the children even while they communicate through various mediums, and I can hear you saying, "Well, how can they do that?" Because, you see, we are all multi-dimensional beings; and again Jeannie likes this analogy, which I will go along with for the moment, of a tree, the symbolism may be seen, its branches (...) and this little leaf over here has a life and then falls

down to the ground, and this little leaf over here has a life and it falls down to the ground but they're both part of the same soul. This little leaf over here and this little leaf over there don't know about each other but they are still connected; however, two leaves on the same tree branch are closer to each other and have memory of each other: "Hi! How you doin'?" "I'm fine." "Leave it to me."

So you see that's a very simplistic view of the soul and that is how there are so many people that can be in one soul, as we said that Christa, Regina, and Jeannie are in the same soul structure and they are basically on the same branch. (...) Now, perhaps that will help to explain that a bit for you. (audience agrees)

Male voice asking question:

(...)

Seth:

So you're asking me where we go, huh? This man to my left that I tease all the time is beginning to understand where a part of us goes sometimes and it is fairly Earth-bound in its perceptions; however, the format of the main detail (...) is fairly basic to a concept of the infinity of the universe. He likes to use the structure, but I really don't care for that one – it's worse than the tree. However, being that our thoughts are so three-dimensional, unfortunately, it's hard to find the words to explain to you. It's a very profound question; I understand what you are saying and asking.

We simply are everywhere, because God is everywhere and we are the energy of God. In this particular dimension we overlap quite a bit, and we overlap without conflicting with one another in a musical way, and that the low keys on the piano vibrate very slowly, higher tones vibrate very quickly, and in this particular Earth dimension there are quite a few interrelated dimensions that some clairvoyants and psychic can perceive and others cannot. And it's possible that this coexisting (...) simply to (...)

We all know that there are things that can be seen with the naked eye and there are things that cannot be seen, so some scientists have developed the electron microscope and then some scientists have just created all those high power telescopes. The idea is right but they at this point in time are not using the proper tools to really see other dimensions other than the ones that are still a part of one dimension.

In other words, the electron microscope – it's still only magnifying life in one dimension of this Earth plane and the same goes for the telescopic abilities out into your "outer space," but you realize that's all a part of one dimension and within this one dimension

that you're perceiving and experiencing at this time are many other dimensions that are vibrating differently.

And I like this analogy of Star Trek: oh, many years ago, they had this episode when someone got stuck in a different time element – very Rod Serling-ish you might say – and someone was going from one element to the other and seeing someone walking veeerrrryyy slowly, and then coming back and seeing someone going very quickly. Well, it may seem a little silly but in reality it's true.

The thing is that the dimensions that are related on this plane are not all vibrating the same; consequently, the makeup, the molecular structure is not the same and the density is different so you perceive things in a different manner. Now, the question is about UFO's. UFO's – I'd like to say Unidentified Flying Onions, but that wouldn't be too appropriate – have three basic structure elements. That is, there are some physical, there are some non-physical, and there are some we would call thought-structures sent from other planets that are wishing to keep us from falling into the ocean.

So consequently you have certain clairvoyants who are able to see the non-physical; you have others who are not even clairvoyants who are able to see the physical, and then you have some who are able to see (...) – our friends across the waves trying to keep us from falling into the ocean. So you have a mixture of images. All these seen according to the rate of vibration and the ability of the perceiver to match that vibration.

I had said earlier to this fine lady who was sitting with me at dinner that there is a particular group of Satanists that would like to give you the illusion that we've had lots of interplanetary visitation by very strange powerful beings who are going to suck us up in a vacuum cleaner one night and so they go about fronting very strange phenomenon, for instance, dead horses on the side of the road and brown spots on an open field.

The physical UFO's that do appear here from time to time are much smarter than to eat horses for food and to leave brown spots on their ground. There have been – and continue to be – physical involvement, but at this point in time I do not have the word structure to give to you how it is taking place or how it is happening, but what most of you are profoundly influenced by is the non-physical and the – what we will term for this point in time – spiritual element of space connection and that has two physical elements: the non-physical being those people who are on different planetary vibrations who have evolved themselves enough to travel with their thoughts and to place themselves here in an almost physical vibratory form because they can almost so duplicate the vibration of planet, and then you have those people who see those little

discs going around all the time – we call them floppy discs over here – but our thought forms have been sent to help balance the energies and are pockets of light if you will and that is why so many cannot see them and some can.

Now in connection with Edith and her little people, they do not want to be disturbed and they do not want to disturb the people they are living with. They choose rather to cohabit because theirs is not a vibration of communication in terms of thoughts and language skills, it's not an informational experience in the terms of which we usually understand it to be. Theirs is an energy form to balance, it's as if they were running an energy plant. It's as if they were running the big systems that produce electricity. That is their main occupation; theirs is not role of communication in terms of mediumship. That is not their job.

I would be very excited to explain more intra-dimensional communication and coexistence at another time but I really would like to work with you folks in helping you understand this dimension right here before we jump too far out into space, and to use the language structure that we have to describe what is taking place is my biggest limitation.

Your imagination is wonderful, but until we have gotten to the point where we collectively harmonize ourselves well enough to think together harmoniously so I may give you the images in thoughts rather than words, I am still stuck to the language skills. And that is why I come through several mediums hoping that there's a continuity enough there that the pieces may put together, and one of our goals is to create a new language to add to this, to be able to describe the experiences as best we can. Well, I think I have time for one more and then we'll call it an evening.

Male voice asking question:

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Seth:

It's kind of like (...). First of all you have the seven little Foys here (I call them that because I love them so much). You have some of their relatives, you have a lot of your relatives, all of you who have had relatives that have recently or even non-recently passed over to the other side, you have a strong protection element of American Indians, you have some crazy Indians that come from the Eastern Indian cultures who always feel they are getting overwhelmed when I come in, you have (...) who is an element of my consciousness and I am of his.

You have a little of this and a little of that, you have some interplanetary beings, you have what Roy would call the seal – I'll let him explain that one – it's an energy form which is not easily translatable because it vibrates at a different frequency but it is a very highly charged energy which comes in at certain times to help facilitate – it's like putting in a tank of gas, you might say.

Oh, I tell you we could go on for hours identifying all, but it's your usual stuff you get from psychics around the corner, but they're fairly accurate. Just to confuse the hell out of you, they learn as much from that side as hopefully you will learn from this one and they also come to generate energy to protect the house as it's being used for an instrument of communication because you've got a lot of crazy people living in this area who have undisciplined thoughts which wander aimlessly and they do not mean destruction to anyone but they are simply there, they are generated.

And so these people come to add a type of consciousness which creates a strong environment for communication. You would find if you were to communicate more often in this home that it would get better and better and better, not simply because you get better but because their abilities to create this energy field would become stronger and better.

Does that help you to...? I probably didn't give you anything too specific. You have half of the mountains with you, but if you start to smell llama in your bedroom then you'll know why. Think you're calling for mama and there's a big llama there.

There's a lot which I just cannot spend time on this evening simply because it's getting late and there's just quite a bit to do, but let me thank you very much for allowing me to present myself to you and my philosophies. And realize that this is a part of myself that I am presenting to you and you have every right to put me in with Oscar in the trash can if you wish, that I by no means support myself by feeling I am the last word, that there are many others working to help stimulate the consciousness of the human world, but I support strongly the information stated by the energies that you experience and by the changes in your lives.

And as I say to every group I speak to, if you do not want to change please don't call me back because we move and we grow and we develop and we evolve and that means we have to let go, that means we have to trust and that we have to be honest with ourselves. We have to try very diligently to face ourselves and not to play any games with who and what we really are, and that honesty is the step into self-acceptance and into self-love, because if you cannot be honest you cannot reach any extra points.
Good evening.